

Past Continuous

Form

was / were + verb-ing

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Use: An action happening at a specific moment in the past

Positive	Negative	Question
I was working .	I wasn't working .	Was I working?
You were working .	You weren't working .	Were you working?
She was working .	She wasn't working .	Was she working?
They were working .	They weren't working .	Were they working?

ATTENTION !!!!!

An action that was in progress when another action happened

!!!!!!! This is one of the most important uses. !!!!!!!

Past Continuous + when + Past Simple

I was sleeping when the phone rang.

The longer/background action → Past Continuous

The shorter/interruption → Past Simple

I was sleeping ————— **phone rang**

 Past Continuous

 Past Simple



Past Continuous

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We also used the Past continuous when, two actions happening at the same time.

Usually with **while**.

I was cooking while my husband was watching TV.
She was studying while her friends were having fun.

Both actions were in progress at the same time.
was cooking ↔ was watching

